

Jump-in to Swim Lessons!



FREE SUMMER SWIM LESSONS FOR EDEN RESIDENTS!

Back for our ninth summer, our Teach American To Swim Instructors are excited to bring Red Cross swim lessons to Lake Eden! Swimmers will progress through eight developmentally appropriate water safety and swim skill levels.

SWIM LESSONS AT LAKE EDEN

In collaboration with the Town of Eden, TATS' will offer **TWO WEEKS of FREE swim lessons for Eden Residents.** Lessons are also open to swimmers in surrounding towns. Join us for just one or BOTH weeks!

FOR AGES:

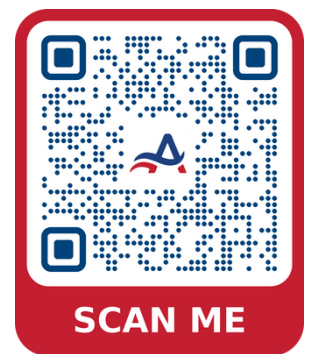
2 Years – 13 Years Old

ABOUT GROUP SWIM LESSONS:

Centered around ability rather than age, group lessons provide an immersive, peer-educational experience for water safety and swim skill instruction.



LEVELS:	American Red Cross Preschool Aquatics & Learn to Swim Levels 1-4
START DATE:	Session 1: August 4 - 8, 2025, at 9 AM Session 2: August 11-15, 2025, at 10 AM
LOCATION:	Eden Lake Recreation Area in Eden, VT
FEE:	FREE for Eden Residents \$137-\$147 for Non-Eden Residents



Sign Up: www.TeachAmericaToSwim.com/Eden